

ENDOCRINOLOGY AND PERIODONTAL DISEASE

Are your patients being screened for periodontal disease?

WHAT IMPACTS THE **WAISTLINE** ALSO IMPACTS THE **GUMLINE**

Screening and treating periodontal inflammation matters.

Diabetes, obesity, and metabolic syndrome are closely linked to periodontal inflammation and oral dysbiosis.



6th Periodontitis is "the sixth complication of diabetes."
- Löe H. PMID 8422804

Poor glycemic control is strongly associated with increased periodontal destruction and tooth loss.
- Taylor, et al. PMID: 8910827

70% Individuals with metabolic syndrome demonstrate approximately 40–70% greater odds of periodontal disease.
- Nibali, et al. PMID: 23386648

3x Susceptibility to periodontitis is increased by approximately threefold in people with diabetes.
- Preshaw, et al. PMID: 22057194

35% Obesity is associated with approximately 35% greater odds of periodontitis.
- Chaffee, et al. PMID: 20722533

American Academy of Periodontology Foundation

The **American Academy of Periodontology Foundation** is the premier philanthropic entity advancing the specialty of periodontics and dental implant surgery through advocacy, research, and education.

Levi-Richman INTEGRATION INITIATIVE of the AAP FOUNDATION

The **Levi-Richman Integration Initiative** of the AAP Foundation champions periodontal health as the oral-systemic link.

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Patty and Paul Levi

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More information at

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Are your patients with metabolic disease receiving periodontal care?

MANAGING **METABOLIC HEALTH** ALSO MEANS MANAGING **ORAL HEALTH**

Regular periodontal evaluations and treatment to establish periodontal health matter for overall health and quality of life.

Definitive treatment of periodontal inflammation and dysbiosis is associated with improved glycemic control.

- D'Aiuto, et al. PMID: 14742655

Periodontitis treatment is associated with a decrease in HbA1c that is similar to that seen with pharmacologic treatment in patients with Type 2 Diabetes Mellitus.

- Umezaki, et al. PMID: 40070580

Mark your calendar:

November 19, 2026 the Spanish Society of Periodontology (SEPA) will present an educational webinar, *Working Together to Stop Diabetes*, in recognition of World Diabetes Day and with support from the AAP Foundation's Levi-Richman Integration Initiative.

A global session featuring worldwide experts on the intersection of diabetes and periodontal disease will be followed by local sessions in dozens of countries and regions around the world.

More information at **https://workingtogether.site**

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The American Board of Periodontology

Find a board-certified periodontist: